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# SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



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camp any needs  
on education  
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WEDNESDAY, OCTOBER 27, 2010

CORWINGA COLLEGE, KITCHENER, ONT.

WWW.SPOKONLINE.COM

4TH YEAR - NO. 23

## Pet parade goes to the dogs

### BY KALI CARROLL

Many dog owners and their dogs showed up on costumes were seen walking as a pack as part of the third annual Howl-a-meen dog parade in Waterloo.

The event is the brainchild of Lee Henry, a dog rescue founder and CEO of The Dog House, a Kitchener-based dog daycare.

The business opened four years ago. According to its website, it is the only dog care in the KW area to offer a fully supervised indoor and outdoor facility that allows dogs to interact in a park-like environment. The Dog House main focus is to provide dogs with a safe environment where their needs are fulfilled in consultation with their owners and mental stimulation and where they can also receive basic training.

In addition to being known for its focus on dogs, needs the daycare also takes the steps to educate their clients through education and open to events such as a dog parade. This year's parade had a

major turnout, that is, given the year.

"It's a great way to socialize the dogs and talk to other owners about issues that are going on and dog owner issues," Henry said. "I love it, it's fun to just come out and hang out with people who are as crazy as us."

Prizes were awarded for costume categories in various categories including best group, best couple and cutest. The winners from each category received a bag full of treats from Howl-a-meen.

Foley enjoyed the costumes from this costume parade.

"They were fantastic. They were really good. I loved the sharks and obviously the Lion. Courtney Dendy and Lee Henry were the best winners. My own dog was a hot dog which was also fantastic."

Foley hopes next year's event will have an even bigger turnout.

"This always went to go better. Getting more people to come out would be great," she said.



PHOTO BY KALI CARROLL

Highlights of the parade from last year's annual Howl-a-meen parade for best group and some of the winners (from left to right) in Waterloo on Oct. 13. See Page 6 for more photos.

## Broken sprinkler head sets off fire alarm

### BY KATHY McMASTERS

Students can complain to a police officer, who is usually called, happened on Oct. 9 at Corwings College's main campus.

Around 10:00 a.m. Thursday morning, fire alarm rang shortly throughout the school. With the alarm being held, each member has recently wouldn't be a cause for concern.

However, Corwings who doesn't know the historical fire drill had already taken place days before in Sept. 15. This means the alarm which sounded on the morning of the north had to be the real deal.

Kenneth, who's moved into the school, had already called out that the fire alarm had been pulled by a student. That is, it was a manual precautionary drill and this is a huge amount of trouble in the school had set off the fire detectors.

However, a Corwings security official put the reasons to rest.

"Innovations to an unexpected room in the 300 area at Corwings resulted in a broken sprinkler head. This incident triggered our alarm system, thus compromising the evacuation of the main building," said Kathy McMaisters, director of safety and security services at Corwings College.

**44 Test every alarm as a real storm situation. 99**

— Kathy McMaisters

While everyone hurried out the rear door and got away from the building, safety and security services staff had different tasks to complete during the time of confusion.

"Branching the news of concern to members of the fire is not ensuring the building is evacuated in the control of some emergency fire emergency services and ensuring emer-

gency personnel to the area, send just a few of her staff's roles," Kathy McMaisters said.

They are also in charge of increasing emergency communication, maintaining emergency rooms collecting data from the residents to ensure the safety of them out, into the building and ensuring the fire team.

Kathy McMaisters, and the safety and security team consist of kinds of different scenarios when Corwings College can react on the moment in order to properly prepare for the emergency.

On Oct. 9 the main building was evacuated in approximately four minutes a minute slower than when the fire drill was held on Sept. 15. Kathy McMaisters said it is important for all Corwings students to evacuate the building in quickly in possible whether or not it is necessary to be a drill.

"Test every alarm as a real alarm situation and before clearly in all circumstances the drill."



PHOTO BY KALI CARROLL

McMaisters said it is important for Corwings College's main campus on Oct. 9. A broken sprinkler head caused the fire alarm to go off. The area was shut.



# Doctor issues wireless radiation warning

BY CAROL DENNEY/REPORTER

People today living in an age of advancement are surrounded by technology. It has become a way of life to jump on to the next phone release or to make sure we are running on the fastest network. But what people don't often consider are the dangers that come from this technology.

Most technological devices emit some form of electromagnetic radiation (EMR) either the human body that they create emits that same device may emit some serious problems.

"This radiation can cause male infertility, it causes an increase in sperm DNA, and Dr. Jane Marie Maynards a physician who works part time at Carleton's Health Services office.

Maynards alongside many other Canadian doctors recently attended a lecture highlighting the hidden dangers of wireless radiation. It was held by American public health experts and president of Environmental Health Trust Dr. David Davis. It not only outlined but prepared them for the challenges that new technology brings. However, they will also introduce students of all ages to wireless networks and devices for their exposure to the radiation that the devices produce.

"I'm very concerned the evidence for harm is growing," Maynards said. "Canadian and U.S. technology (4G) is a non-gratic representation of what some other nations in Asia, Europe and others. Canadians and their policy makers should be aware of the exposure to unsafe levels of radiation from technology. Research in the Journal of Microscopy and Ultrastructure has shown that children born on not are



Photo by Carole Denney/Reporter

Dr. Jane Marie Maynards a physician who works part time at Carleton's Health Services office. She said that the radiation emitted by cell phones is a serious issue, one that demands attention in light of a new generation of technology and human health.

most susceptible to EMR, far more than adults.

An experiment was conducted at Yale University that exposed pregnant mice to EMR by placing a telephone above their water supply and drinking until they were full. The experiment was conducted to see how the radiation would affect the mice's offspring. Once the mice had given birth, their offspring were tested to determine if they had a higher rate of cancer. The study's findings were found to be hypothyroidism, breast cancer, leukemia, and a decrease in lifespan. These symptoms almost resembled those attributed to attention deficit disorder and attention deficit hyperactivity disorder.

found in humans.

The other side of this issue is backed by Health Canada. In an email, Health Canada communications officer, Lisa Lauer, advised that "there is no convincing scientific evidence that exposure to low level radio frequency (RF) energy from Wi-Fi devices causes adverse health effects in humans. These concerns are consistent with the findings of other international bodies and regulatory bodies. The World Health Organization (WHO) has also advised that 'RF energy levels from Wi-Fi equipment are all orders of magnitude below the general public safety limits and taking safety margins are required to meet Health Canada's exposure guide

lines. This means that all levels of radiation produced from devices authorized to the public must fall within appropriate and safe limits."

According to Health Canada, no studies have been completed in respect to the effects of long term exposure to EMR, especially involving children. There have been "no observed effects" in studies that have used frequencies and output patterns similar to Wi-Fi. These studies just as studies done with the radio frequencies produced from Wi-Fi devices do not focus on long-term effects, even though some of them studied the effects on children.

An international multi-center study called INTERPHONE is currently underway and is looking into the effects of the use of mobile telephones on young people and their potential health problems (including the potential of brain cancer). The research for this study will take place over a five-year period. According to Health Canada, it is one of the first, only one of its kind, dedicated to finding concrete evidence on the effects of mobile phones.

Even though Health Canada asserts that you have nothing to worry about, these take Dr. Maynards' word that you should reduce your exposure to the radio frequencies and subsequent radiation. Turning off devices, using more analog or wire less, keeping on your airplane mode and turning yourself away from devices are all ways to reduce your exposure.

If you can't disconnect the Wi-Fi device at your house, Maynards said.

Lauer said "Health Canada recognizes the need for long-term studies related to children and wireless devices and will continue to monitor scientific literature on this subject."



## FLU SEASON is BACK WITH A VENGEANCE

Photo by Carol Denney/Reporter

The start of cold and flu season (as you have heard) throughout Carleton College is over. Don't get too far. There is a 10-day period between arriving student's entrance from a cold of the winter. But don't let this be a reason to ignore your health.



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less risk of heart disease and

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For more information, visit us online





# Button business keeps her busy

BY MICHAEL HENRICH

Back in May 2011, Mayan Campbell bought herself a button maker but never started on it a hobby has now turned into a full-fledged business.

Mayan Buttons sells a variety of fun back buttons in up to nine key chains, pocket mirrors and button spinners. The buttons come in three colors and sizes: one inch, 1.5 inches and 2.5 inches.

The company is a one woman act, keeping Campbell busy as its sole employee. She completes every task herself including marketing, product photography, packaging, shipping, customer service, website maintenance and of course creating the buttons.

"I've managed to keep a pretty good handle on the workload she said.

Although Campbell has a full time job as well as a digital press operator, she enjoys working for herself too. "When I get home I'm able to be creative. Fill orders and do things virtually on my own schedule.

Campbell has designed and filled custom orders for a variety of people and businesses all over the world, such as book stores, political campaigns, weddings, birth day parties and fundraisers to name a few.

One job in particular came to mind as she thought of her most memorable customer order.

"I had a bunch of more who wanted to surprise her family for Thanksgiving to inform them, that she was pregnant. So we made a set of buttons for each relative with

different baby names. Because it was really interesting to think that these buttons will be telling them that they are going to be a grandchild or maybe for the first time. Makes you think how something as simple can become very important and meaningful," Campbell said.

More so the holiday season quickly approaching, Campbell thinks about buttons that were like around many craft fairs in and around Waterloo Region. Recently she was at the Ontario Craft Show on Oct. 18 and the May Made in Canada pop-up sale in Waterloo on Sept. 27. Campbell said she was looking at one at Waterloo's One On November and another in Rochester at some church bazaar, but nothing as formal yet.

"I really like interacting with people and telling them about what I'm also finding that, sometimes, buttons that will make them laugh and discussing custom orders," Campbell said.

Although she thinks participating in craft fairs is a lot of fun, most of her sales come from Mayan Buttons on online marketplace for handmade and vintage goods, Etsy. Mayan Buttons has made approximately 3,000 sales on Etsy.

"I would say so far selling on Etsy has been the most profitable. I can easily send customers from there to my website," Campbell said.

Campbell loves running her small button business. As she says on her website, buy a button now. "I absolutely love making buttons it is a little addictive."



PHOTO BY MICHAEL HENRICH

Back of Buttons owner Mayan Campbell makes a variety of products featuring hand-drawn designs. Above, Campbell is a Waterloo-based button maker.

## COUNSELLOR'S CORNER: Change

As you begin your new semester at college, you will begin the process of change. Whether you are leaving your parents for the first time or you are parents leaving your children, the transition will feel exciting and perhaps a bit stressful too. Change means an ending and even if you are welcoming the change, it's natural to miss new ideas and ways of doing things.

William Bridges, who writes about transitions, says four things can help us through that uncomfortable time between the old and the new:

1. Try to do things that make you feel more in control like getting the information you need to find your way around.
2. Understand that this is a transition time and if you feel overwhelmed, it doesn't mean going to school was a bad decision; you are just in transition.
3. Find support systems in your family, old friends, new friends, your teachers and counsellor.
4. Keep in mind your purpose in coming to school; focus on this outcome.

Remember you are not alone in this transition time. If you do need more support, talk with a counsellor in Counselling Services at your campus; everyone is confidential and free.

A Message from Counselling Services.



PHOTO BY MICHAEL HENRICH

Ceylea Stephenson (left) and Mayan Campbell are the May Made in Canada sale in Waterloo.



Michelle Gump (front) and Michelle Gump (back) with their dogs (left) and (right) during the 2023 annual Halloween parade on Saturday, Oct. 31.

PHOTOS BY KYLE CAWLEY



One year old 5-year-old dog in her favorite costume. The photo below was awarded for the best costume.



Halloween parade with her 5-year-old black and white dog. She is the winner of the 2023 Halloween parade. The photo below was awarded for the best costume.

## Halloween hijinks



Michelle Gump (left) and Michelle Gump (right) with their dogs (left) and (right) during the 2023 annual Halloween parade on Saturday, Oct. 31.



Michelle Gump (left) poses with her dogs (left) and (right) during the 2023 Halloween parade. The photo below was awarded for the best costume.

## What does your dream job truly cost?

We have all been told in the past that education is important. When we were in kindergarten, we were told you need to study hard and will achieve the highest marks you can in order to succeed.

High marks will get you a better education and in turn a better career so you can have the lifestyle you want. You can't imagine what it's like to get through high school with great marks and find out you can't afford post-secondary education and your parents can't help you out.

Many students find there's stress in their post-secondary year. It's hard enough to be a full-time student when you have a full course load and no time outside of class to support yourself. Even with the provincial scholarship or some form of sup-



**Cassie Talebi**  
**Opener**

port from family or friends, students are still struggling to get through post-secondary education.

Students continue to increase, saving those costs of dollars.

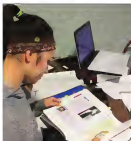
Many students rely on the Ontario Student Assistance Program to help them achieve their dream job. Unfortunately, these students will be paying that loan off for years to come. When you sit on a long expense including rent, food and to support tuition, it becomes rather daunting.

In my opinion, we should be paid to go to school. It

sounds crazy, but if you think about it, the students who know they will not be able to afford a post-secondary education, how did they expect that they will receive a loan about tuition, making a lower-paying job. If they had the chance to continue their education without worrying about payments, they would be able to follow their dream and not be forced to leave their life.

Everyone deserves a chance to get a post-secondary education. Most people want a job that they can be proud of, one that they look forward to going to every day.

You will be making the majority of your life as why not work at a job that you'll be happy at without two years about how you will pay for the education to get that job.



**SHOOT BY GABRIEL TALIBI**

Alexandre Giesse (middle) at Conestoga's virtual nursing student lab is looking at a virtual patient on a computer screen.

### PERFUME DIRECT AT CONESTOGA COLLEGE



**SHOOT BY MARLYNNE STEVENSON**

Debra Miller, an employee for Perfume Direct, sells phone cases and perfumes to Conestoga College students on Oct. 10 at the Dean's computer. Conestoga Students Inc. chooses which businesses can come on campus to sell new and popular items to the student body. Perfume Direct will return to Conestoga on Oct. 10 and 11 at students' request to do their daily Christmas shopping.

### ANCIENT FRIENDS AT THEMUSEUM



**SHOOT BY KIMBERLY**

Zoe McQueen, an assistant professor at the University of Toronto and friend of the Friends of the Royal Ontario Museum, came to Themuseum on Oct. 10 to speak about the purchase of Egypt's most important archaeological site from the most ancient sources to the latest archaeological excavations.









# HOROSCOPE

Week of October 27, 2014



## Aries

March 21 - April 19

Aries, you are known to have an upbeat personality, why? while not without others who will follow your lead.



## Libra

September 23 - October 23

Libra, you are known to be happy. Unlike some of the other signs, you are not a very happy person.



## Taurus

April 20 - May 20

Taurus, you are known to be stubborn. You want things done your way. This week, be open-minded and accept other people's opinions. It may be helpful for you.



## Scorpio

October 24 - November 22

Scorpio, you are known to be a good listener. It comes to relationships, but on the other hand, you are a very loyal person.



## Gemini

May 21 - June 21

Gemini, you are known to be extremely independent. Accept the changes that are to come your way and experience new adventures.



## Sagittarius

November 23 - December 21

You love people the way you want to be treated, which is why you are a double-edged sword. You don't hold anyone's hand when you speak your mind.



## Cancer

June 22 - July 22

Other people won't find you odd because you only show things your way and avoid emotional situations. You move attention and comfort from those around you.



## Capricorn

December 22 - January 19

You are known to be independent. You know your capabilities and want things done properly the first time. Allow input from others you might be surprised.



## Leo

July 23 - August 22

Leo, you are known to be outgoing. From the way you dress to the way you act, you are a star. They will appreciate every bit of effort.



## Aquarius

January 20 - February 18

Underneath the detailed, unemotional exterior lies a kind, honest individual who will go to the end of the world to help others around them.



## Virgo

August 23 - September 22

Don't dwell on the past, it will complicate things and may lead your ability to move forward in life. Accept new things. This week, be adaptable.



## Pisces

February 19 - March 20

There's much a strong, good friend, and a weak, lonely person. You like adventure and are not one to stay in the same old, same old.



The stars have spoken.



This year, it's all about...

## Useless Facts

A giraffe can use its ears with its 20-inch tongue!

In France, there is a place called 'Y'.

One in every four Americans has a pet dog, and one in every five has a pet cat.

In ancient Rome, when a man committed a crime, he would have to wear a mask.

The average human will shed 45 pounds of skin in a lifetime.

A Virginia law requires all husbands to be kept inside the house.

## Sudoku Puzzle

	3			2	4			7
4					3		1	8
	8	5			6			4
9		8						3
3				5	8	2		6
2				6			4	
	4			9			6	1
5				3		4		
	9	2			1		7	4

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box contains the digits 1-9 without repeating any.

## Word Search

### Halloween

K	G	N	I	Y	H	A	C	X	Z	B	Y	W	G	N	L	CANDY
C	T	K	O	Y	T	A	P	W	E	B	S	F	N	U	R	TRICK
I	Z	F	P	R	T	V	Q	U	E	M	C	A	W	I	W	MUMMY
H	D	E	T	N	U	A	H	I	Y	A	U	N	F	X	S	FALL
T	H	G	R	E	E	P	Y	S	C	K	B	T	T	G	T	SWIRLS
G	H	J	S	P	X	M	T	L	K	T	L	A	S	V	C	FANTASY
Q	F	C	Q	Y	U	E	S	G	N	T	A	S	C	O	E	TREATS
Z	A	F	T	M	R	T	N	S	I	C	Y	O	N	C		BOO
P	L	F	M	I	A	B	D	W	U	F	K	L	B	Y	Y	OCTOBER
B	L	Y	O	E	W	A	R	C	G	A	Q	P	V	H	M	MONSTER
Q	S	U	R	U	Y	E	B	U	E	G	E	Y	M	O	S	CREEPY
U	S	T	O	C	T	O	B	E	R	G	I	Y	N	U	W	POO
C	J	O	Z	S	Z	B	A	A	B	L	N	S	N	G	P	MYSTERIOUS
Q	H	O	S	T	B	O	P	S	H	T	A	X	U	Y		HAUNTED
Y	T	Y	A	V	A	N	P	I	R	E	J	L	N	O		COSTUME
C	A	N	D	Y	E	J	T	M	J	F	O	G	O	X		WITCH



**Left**  
Lauran Ruff is Conestoga College's all-time national and student vote winner of the CGAA Female Athlete of the Week for Oct. 5. This is a softball pitcher on Conestoga's varsity team.

#### WOMEN'S FOOTBALL

**Right**  
Tom is from a provincial male student vote winner of the CGAA Male Athlete of the Week for the same week. He is a member of the rugby over only team at Conestoga.



## Conestoga athletes receive provincial honour

### BY MARCEL ROY

Perseverance, dedication and hard work is what two Conestoga students were honoured for when they received the Athlete of the Week award from the Ontario Collegiate Athletic Association (OCAA).

Lauran Ruff, an inter-college decorating student at Conestoga College, is a pitcher for the varsity softball team.

"Being named Athlete of the Week gives me a sense

of pride not only in myself but in my team. I wouldn't have been able to achieve my stats if I didn't have my team behind me 100 per cent of the time," she said.

All the time of the season, Ruff had an amazing OCAA, leading record of nine wins and no losses.

She also struck out six players in a 3-0 win over Humber College on Oct. 3 then after that she struck out four in a 4-0 win over Durham College on Oct. 5.

"I think it's important to

remember that playing varsity softball is a choice, no glory because we love the game," she said. "You show up to the diamond ready to play, you wear the Conestoga jersey proudly and you put your soul into every run, every strike, every out, every 45 degrees Celsius. But at the end of the day, you have to remember it's just a game and you make it what it is so you may as well do your best."

James Jones, a pre- and post-nursing student at

Conestoga, is a varsity rugby player.

"When I found out that I was awarded Male Athlete of the Week for men's rugby in OCAA, I felt a sense of self-achievement. It was an honour to receive this acknowledgment," Jones said.

Jones scored 17 points on Conestoga's 27-10 victory over Sheridan College on Oct. 4.

Additionally, he helped his team achieve a victory over Mohawk College on Oct. 5.

However, Jones knows what it means to be a team player.

"Being named Male Athlete of the Week is an accomplishment for me, but it is not what I set out to achieve each week or year. I set my goals to play hard, to give my team the best chance to win and be successful and if I receive acknowledgment for it, so be it."

The Condors as of press time were in third place in the West division with a record of 4-2-0.

### STRESS AND MID-TERMS DON'T MIX



PHOTO BY NICK NASH FOR CIPRA

Final reading week has just ended for some post-secondary students, and a mid-term review is being held Oct. 30 and Oct. 31, for others. The time left is supposed to help students cope with stress, and Michael student says this. But what do Conestoga College students do without a fall break? Stress has been a long-term nursing student. Studies for her fall midterms. For video visit [www.ajphonline.com](http://www.ajphonline.com).

### STUDENTS LOVE CS's FREE FOOD FRIDAYS



PHOTO BY JAMES JONES

Conestoga Students Inc. has been holding free food Fridays throughout the semester. CS's gets into Jeff's kitchen is proud that CS has undertaken this initiative. For video, go to [www.ajphonline.com](http://www.ajphonline.com).



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STUDENTS INC.

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TREATING**

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STUDENTS IN NEED

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FOOD DONATIONS AS POSSIBLE BETWEEN

**OCTOBER 30 &  
NOVEMBER 3**

BRING WHAT YOU'VE COLLECTED TO  
THE CSI OFFICE ON YOUR CAMPUS BY  
**NOVEMBER 3<sup>RD</sup> AT 3PM**

**\$100** FOR THE PERSON  
WHO COLLECTS THE MOST FOOD  
\$75 FOR 2<sup>ND</sup> PLACE & \$50 FOR 3<sup>RD</sup>

**ALL DONATION WILL GO  
TO THE CSI FOOD BANK**

**SIGN UP IN THE CSI OFFICE ON YOUR CAMPUS  
PICK UP YOUR TRICK-OR-TREATING BAG ON OCTOBER 30**